

? ? When Kids Ask Tough Questions...

With all that is taking place in our world, it is an anxious time for all. This is especially true for parents who struggle with their own questions as well as deal with questions from their children about what they are experiencing such as, "If God loves us why is this happening?"

The Bible should always be our first source of comfort and assurance, so I have listed some verses to help remind and reassure, not only us as adults, but our children as well. These are taken from the NIRV version which is the Bible our children should have from the Children's Ministry.



- **Isaiah 41:10** – "So do not be afraid. I am with you. Do not be terrified. I am your God. I will make you strong and help you. I will hold you safe in my hands. I always do what is right."
- **John 14:27** – "I leave my peace with you. I give my peace to you. I do not give it to you as the world does. Do not let your hearts be troubled. Do not be afraid."
- **Romans 8:28** – "We know that in all things God works for the Good of those who love him."
- **Philippians 4:6** – "Don't worry about anything. No matter what happens, tell God about everything."
- **Psalms 139:5** – "You are all around me, behind me and in front of me. You hold me safe in your hand."
- **James 5:16** – Pray for one another so that you might be healed. The prayer of a godly person is powerful. Things happen because of it.



Of course there are many more verses of comfort in the Bible. I encourage you to explore others with your child.

With the COVID virus continuing to be front and center of our daily lives and with children returning to the classrooms, you may face some questions about sickness and why God allows it.

Here are some discussion points that may prove helpful in talking with your child:

1. **What exactly is your child asking and where is it coming from?**
Many times we may feel unprepared for the question and end up giving the child much more of an answer than they were really seeking. It is





important to find out **WHY** they are asking the question. Many times a simple answer of a few sentences will be all that they need for the time being.

2. **Admit that while being a good question, it is also a hard question that you may need to think about.**

Schedule a time for you and your child to sit down and talk further such as dinner or bedtime.

3. **God does not create or use sickness as a punishment but as possible opportunities for people to grow closer to Him as they depend on Him and learn to trust Him more.**
4. **We can learn to be truly thankful for our health.**
5. **We can renew our faith in God and that He has everything under control.**
6. **God gives us opportunities to pray, comfort, and help others during times of sickness.**



Making and sending a Card, making a phone call, front porch deliveries, and praying for others sets a wonderful example of compassion and caring for people who are sick.

7. **We must never lose our faith in God and remember that He is good even when we see sickness and suffering.**

In doing some research on this topic, I came across 2 websites that may prove helpful:

[Parentingforfaith.org](https://parentingforfaith.org) – a YouTube video entitled “How do I Help my child Respond when Something Evil Happens” might be helpful.

[Gotquestions.org](https://gotquestions.org) has some information that you may want to check out.

Both proved helpful as I was putting this together.



As always, if I can be of any help, please do not hesitate to contact me at statum@fbcknox.org.